Summary

The e-learning course "e-co-foot" consists of **seven learning units,** which deal with the main categories of the Ecological Footprint. It provides students with the necessary knowledge and shows them easy steps for a sustainable lifestyle. It can be found at **https://www.e-co-foot.eu/elearning/**

Course Structure:

1. Why we need the Ecological Footprint
2. Understanding the Ecological Footprint
3. Nutrition
4. Housing
5. Mobility
6. Other consumption
7. Spaceship E.A.R.T.H.

The online-course includes **information, graphs, videos, games, key learning points** and questions for **self-evaluation**. The e-co-foot course is also interwoven with the **Ecological Footprint calculator** (available here: Footprint Calculator **http://calculator.e-co-foot.eu/**), where students can log their daily activities and identify differences in their behaviour and its impact on the environment.

For better understanding it is recommended that you read the chapters in **sequential order**. The contents are aimed at pupils between the **ages of 10 and 18**.

With this e-learning tool the **personal teaching units can be replaced, supplemented or repeated** by the students.

Manual Content

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This material is part of a course on Ecological Footprint for students. The course consists of the following modules for two age groups:

Age group 1 10-13 years	Age group 2 14-18 years
Calculator	
General Introduction	General Introduction
Mini Hectare Workshop	Mini Hectare Workshop
Nutrition	Nutrition
Housing	A. Housing core B. Housing additional
Mobility	Mobility
Other Consumption	Other Consumption
Background information	

All the material can be downloaded for free at www.e-co-foot.eu in different languages.

calculator.e-co-foot.eu is an online tool that allows students to log their daily activities and trace the Ecological Footprint of their habits. Group functions for teachers make it suitable for a warm-up or later check-up-session.

elearning.e-co-foot.eu is an e-learning with selected content from the lectures. E-learning can be used for blended learning of this course, as homework or as training and competence check after in-class lectures.

You are here

IMPRINT

akaryon GmbH, Austria www.akaryon.eu
Plattform Footprint, Austria www.footprint.at
Colegiul „Vasile Lovinescu" Fălticeni, Romania www.agricolfalticeni.ro
Eötvös Loránd University (ELTE), Hungary savariakemia.elte.hu
Environmental Education Center (K.P.E.) Pertouliou-Trikkeon, Greece www.kpe-pertouliou-trikkaion.gr

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Agreement Number: 2017-1-AT01-KA201-035037

Co-funded by the Erasmus+ Programme of the European Union

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How to register

Welcome to our short e-learning tool description!

Please open the homepage "**https://www.e-co-foot.eu/**" in your browser.

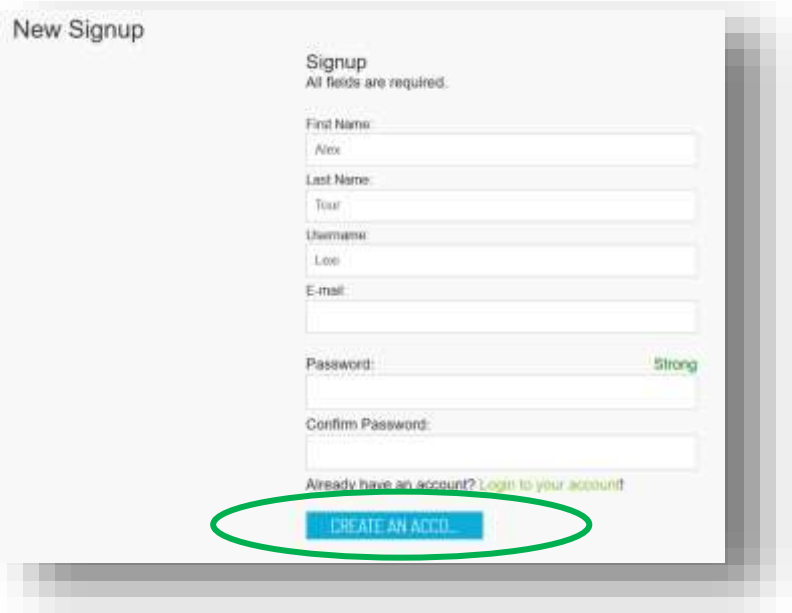
At this website in chapter **Materials** down by the plate **for students** you can find the access points to our two tools about the ecological footprint.

- **FOOTPRINT-CALCULATOR** – an online tool for the daily activity log, showing how they are reflected in the ecological footprint

- **FOOTPRINT-E-LEARNING** - an online course with a lot of simply prepared information about the ecological footprint and easy tips and tricks how to reduce it.

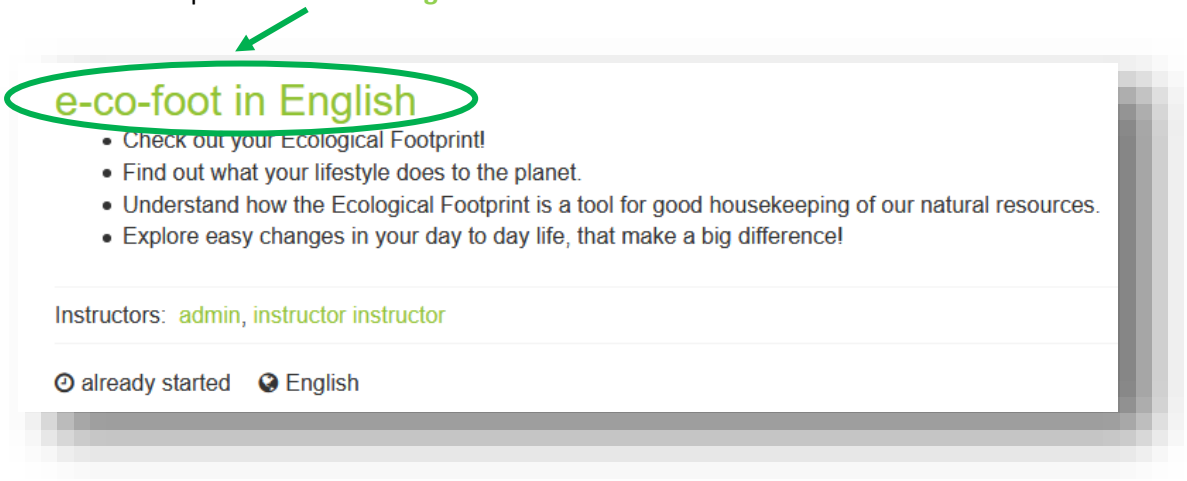
Click the link "**FOOTPRINT-E-LEARNING**" in order to register or later for login and enjoy nice lessons. On the site that opens now, you will find a grass bar at the top. The main navigation menu is always in this website header. Click the button "**Register**" to start the registration process.

A new page will open, where you can find the registration form. Fill in your data. When you are finished click the button "**CREATE AN ACCOUNT**"



How to find the course

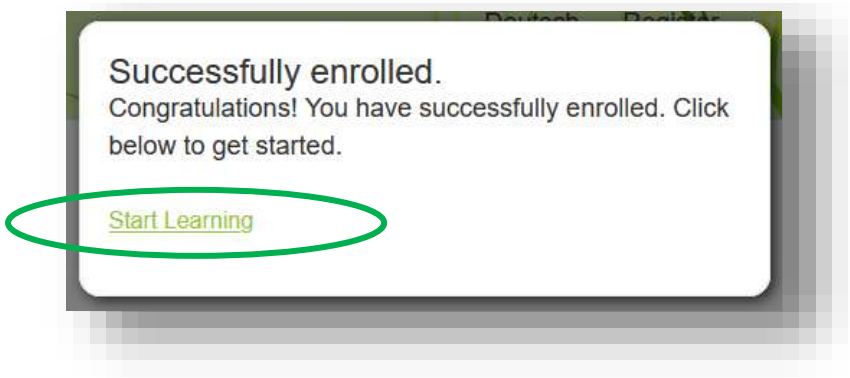
After you have registered click in the website header the navigation point "**Courses**". Here you can select your course in the desired or given language. Choose and click the corresponding heading of the course. For example "**e-co-foot in English**"



You will be directed to a short overview of this course with information and the overall structure.

Click the Button "**ENROLL NOW**" to get signed up for the course.

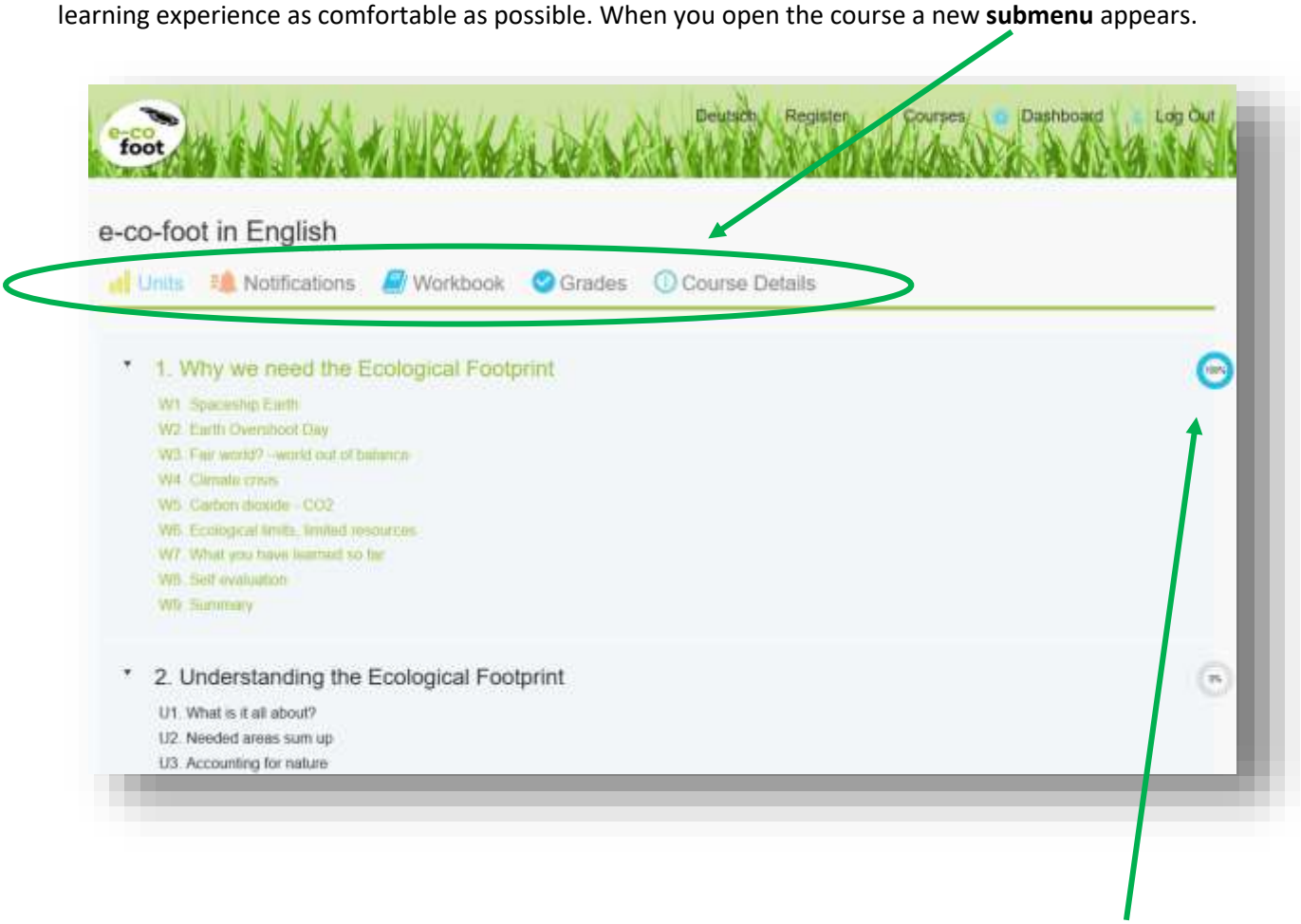
After that a new window pops up. Then click "**Start Learning**"



You have done it, you are now in the e-learning area!

How to navigate

Now we give you a short guideline how you can navigate through the course best, to make your learning experience as comfortable as possible. When you open the course a new **submenu** appears.

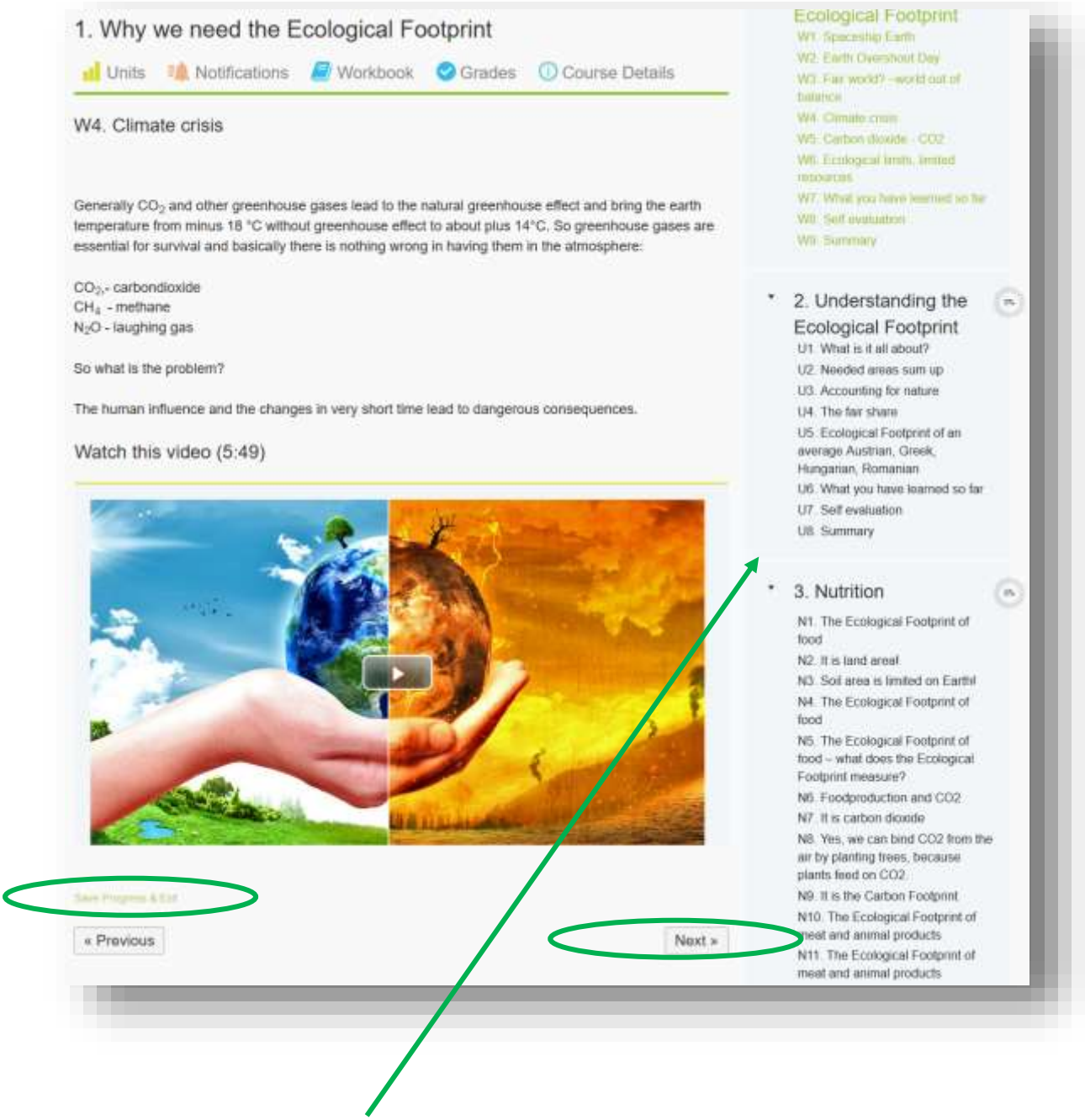


Under the submenu item "**Units**" there is a list of all individual course sections. Your progress is displayed in the little circle in the right corner as a percentage of completion.

Here you can select

- a new lesson
- an unfinished lesson that has been started once already
- or a completed learning lesson which you want to repeat

The individual units are structured differently, some of them contain videos, other questions and some even games. With one click on the lesson heading you will open it!



On an open lesson site the **overview list** remains on the right side. With this list you can navigate through the course and continue working. Or click on the button "**Next**" after finishing the lesson to go to the next one.

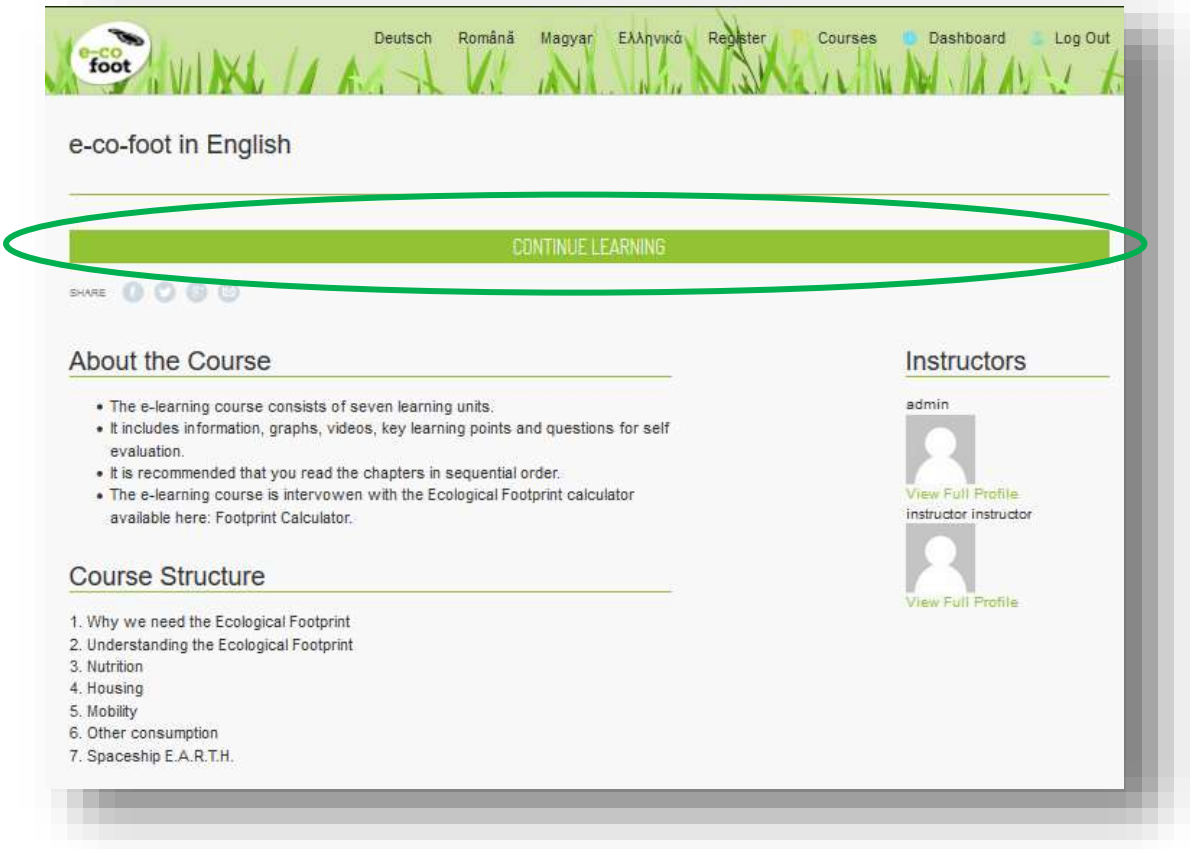
At the bottom of each page there is the possibility to save your progress and leave the course with the button "**Save Progress & Exit**".

How to continue

If you already have an account and login use the "**Log in**" Button in the website-header. Fill in your chosen Username or E-Mail Address and the password.

The first page that is displayed shows you your courses, in which you are enrolled.

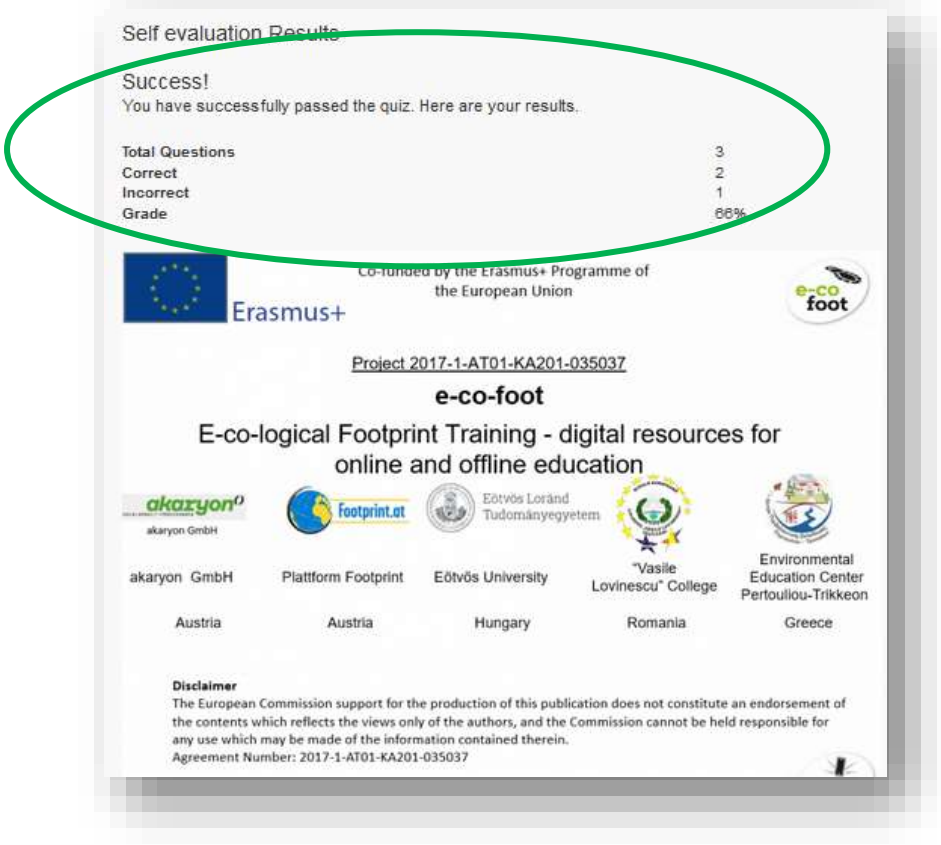
Click now on the course headline, a course overview will open. Then click the big button "**CONTINUE LEARNING**".



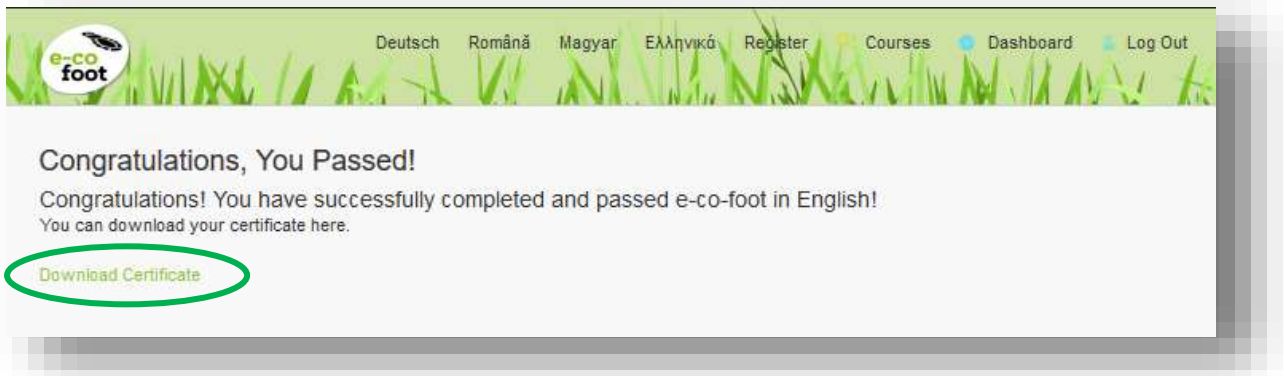
At the sidebar you can choose where to continue. The progress indicator helps you to keep the overview.

How to finish the course

In the end of each chapter there is a Summary and a Self-evaluation, in the form of a quiz. Your results and the grades are shown.



At the very end of the course you can download your certificate. Therefore, click on the button "**Download Certificate**".

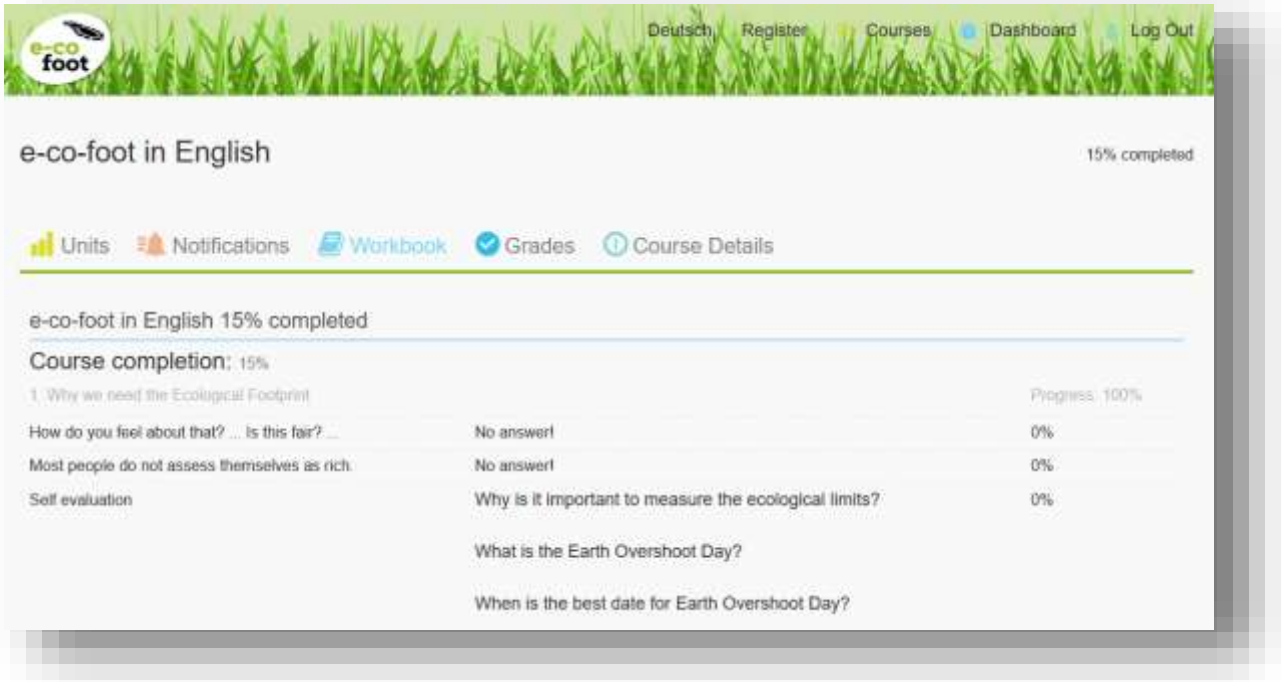


This is your proof that you are now an expert in Ecological Footprint issues, and you have successfully completed your e-learning. Very well done! Bravo!

Special functionalities

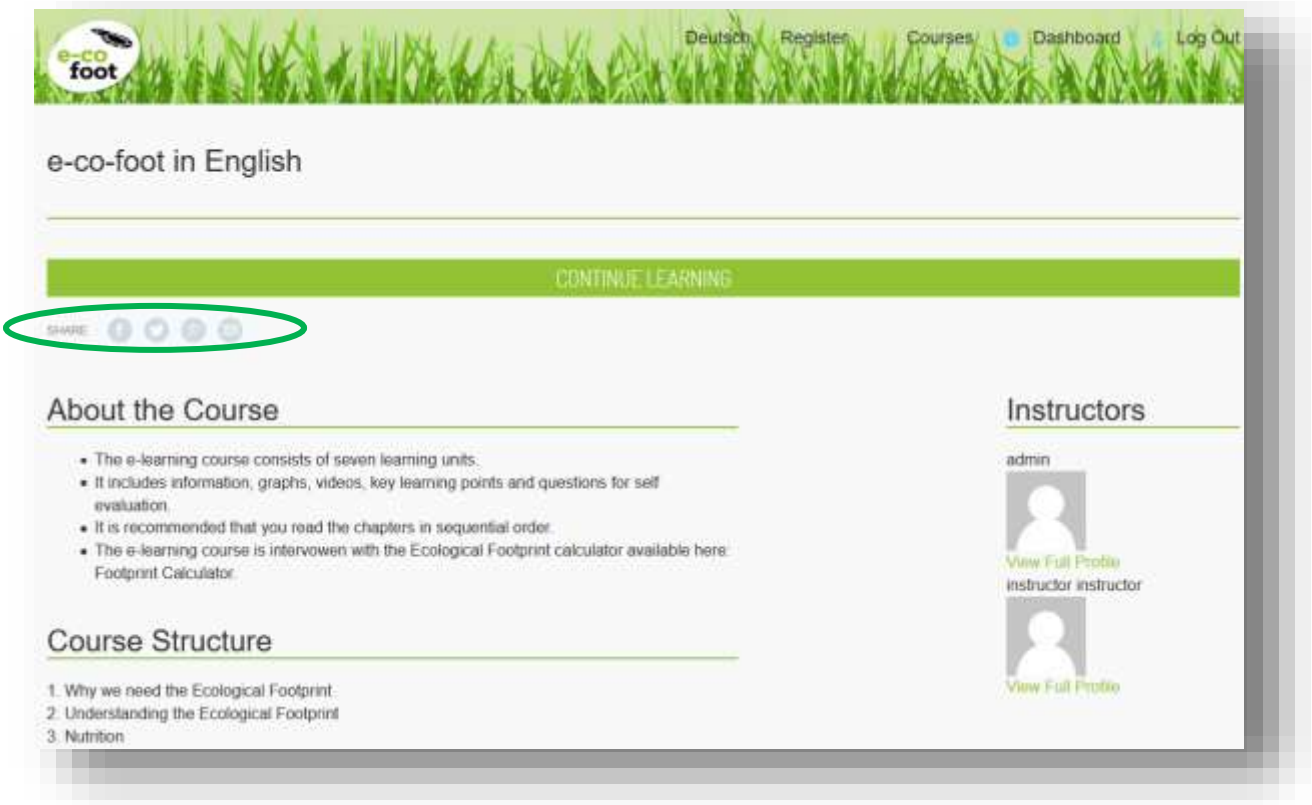
Under the submenu item "**Notifications**" possible messages from your instructors are displayed. This is not in use in this course.

Under the submenu item "**Workbook**" your course completion is displayed. It shows you whether all tasks have been completed and also shows you how you scored on the self-evaluation. The Workbook tells you which tasks are still missing, for example "No answer!"



1. Under the submenu item "**Grades**" your progress is shown across all units. This covers all major categories of the Ecological Footprint and your e-learning course.

2. Under the submenu item "**Course Details**" you can find brief information about the course and its contents for the different units. Here you also have the possibility to share your activities in social media. Click one of the share buttons and you will be directed to Facebook, Twitter, Google + or an e-mail account.



With a click on the bar "**continue learning**" you get back to the start of the first lesson.

In the grass header of the website you can find your dashboard button "**Dashboard**". In the pop up dropdown field you can choose between "My Courses" and "My Profile".

- "**My Courses**" provides you an overview over all courses you are enrolled in. Here you can see your actual status and your completed certifications. Furthermore you can go from here directly into your **workbook** or **withdraw** your course as you wish.

- "**My Profile**" gives you the chance to change your settings from the registration, like your password, your username or your e-mail address. Do not forget to confirm with the button "**SAVE CHANGES**"

Last but not least at the top right of the headboard is the "**Log Out"** located. Here you can log out for the present session and return at a later time.

After logging in again, select the **Dashboard**. Here is the best point to get back into your courses!

Now have some fun and learn something about a sustainable lifestyle!